Institutionalization of Community Based Monitoring System: An Effective tool for improving Local Government Administration

Case study of Selected Zambian Local Administrative ward

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Abstract— The lack of appropriate local information about the poor hinders development planning and programs, and constrains efforts to monitor change in Zambia. The Zambia Research and Development Centre (ZRDC) has developed, tested, and implemented the Community-Based Monitoring System (CBMS); and is now in the process of institutionalizing CBMS in all Councils. The main objectives of CBMS to be addressed in this project are:

i. To diagnose the extent of poverty at the local level (particularly at ward level),
ii. Formulate appropriate plans and programs to address problems,
iii. Provide the basis for rational allocation of resources,
iv. Identify eligible beneficiaries for targeted programs,
v. Monitor and assess the impact of programs and projects.

The distinctive features of CBMS are that: It is a census of households and not a sample survey, it is rooted in local government and promotes community participation, it uses local personnel and community volunteers as monitors, it has a core set of simple, well-established indicators and that it establishes data-bank at all geo-political levels within the country. CBMS implementation is an Eight-Step Process:

Step 1: Advocacy/organization,
Step 2: Community Capacity Building,
Step 3: Data collection and field editing,
Step 4: Data encoding and map digitization,
Step 5: Processing and mapping,
Step 6: Data validation and community consultation,
Step 7: Knowledge (database) management,
Step 8: Dissemination.

This project was carried out in line with this methodology in about thirty-five Local Administrative Units (councils) across Zambia and set of indicators were formulated for the data collection tools (household questionnaires). Focus group discussions were also used in order to authenticate data which was collected using questionnaires.

CBMS has showed that good public policy choices for empowering and uplifting the poor are best made when local authorities and communities work together and are guided by sound data and evidence-based analysis. This is vital for ensuring effective public spending and
greater public accountability. Enabling Conditions for CBMS implementation are: Decentralization which facilitates the adoption of CBMS, Political commitment is key to sustainability, Public participation is important, CBMS is cost-effective. CBMS empowers the community by building its capacity to participate in diagnosing the problem and offering solutions, CBMS improves the allocation of resources by making it easier to prioritize interventions, CBMS increases equity in resource allocation, CBMS helps to monitor the impact of projects and programs, thus contributing to poverty-reduction efforts.

The institutionalization of CBMS is designed to enable Local Administrative Units (councils) accurately determine the magnitude of poverty and other prevailing socio-economic problems and to formulate programs and policies based on regular up-to-date information in order to provide practical solutions, increase transparency and accountability of local governments in resource allocation, thereby improving governance. This project has demonstrated that CBMS data can be used for: Monitoring public expenditures and donor programs, enabling gender-responsive budgeting, tracking progress toward the MDGs, better targeting of program beneficiaries, sounding an early warning.

**Keywords**— Community Based Monitoring System (CBMS), Institutionalization, enhancing, effectiveness, Local Government Administrative Units.

### 1.0 INTRODUCTION

#### 1.1 Historical development of CBMS

The development of Community Based Monitoring System started in the Philippines with a design proposed by Florentino and Pedro under the Micro Impact of Macroeconomic Adjustment Policies (MIMAP) phase ii project in 1992. Reyes and Alba modified the proposed system in 1994, initially designed to be established in sentinel areas and they recommended for it to be Local Government Unit-based to ensure its sustainability. Afterwards, the proposed system was piloted in barangays and pandi, Bulacan in 1995 and 1996 and was further refined and documented in a paper by Reyes and Ilarde in 1996. CBMS was implemented in Puerto Princesa City in November 2001. The system was further simplified to enable all types of local government units (LGUs) to implement the system (MIMAP-Philippines, 2003).

CBMS evolved in the Philippines starting with the province of Palawan, one of the hurdles provincial officers faced when they began to plan the 1999 budget was lack of detailed municipal, village, household, and individual level information. This led officials to the CBMS development through the IDRC funded MIMAP-Philippines project. Therefore, the provincial governor issued an executive order for the creation of CBMS technical working groups within local governments, setting the stage for its institutionalization throughout the province (Celia Reyes and Evan Due, 2009).

It was then noted in the 2004 review of the MIMAP program commissioned by IDRC that “Local officials acknowledged that the community based monitoring system made possible by the MIMAP helped depoliticize and strengthen the local government’s budget allocation process by providing an objective basis for budget prioritizing (Saumier, Habito, & Njinkeu, 2004).

Community Based Monitoring System (CBMS) is an organized way of collecting ongoing or recurring information at the local level to be used by local government agencies, NGOs, and civil societies for planning, budgeting and implementing local development programs as well as for monitoring and evaluating their performance. Fundamentally, it is a tool for improved local governance and democratic decision making that promotes greater transparency and accountability in resource allocation (Celia Reyes & Evan Due, 2009).

It is a well-established demographic fact that populations are dynamic in nature, being heavily influenced by the interaction of fertility, mortality and migration which consequently determine its size. It is on this basis that the institutionalization of CBMS becomes vital in
order to fill gaps in data needs for planners and
decision makers because unlike the census of
population and housing and other surveys
which are usually conducted by the Central
Statistical Office, CBMS is designed to provide
regular and up to date information as well
creating a reliable data bank which can be used
to perform populations projections during the
planning process in order to provide meaningful
and sustainable local planning and
development.

While scholars have long been used as
advisors by politicians and government
administrators, it has been on an individual
rather than an institutional basis (Charles
Hirschman, 1981). The institutionalization of
CBMS is designed to provide timely and
accurate data for good analysis and policy
application. Data-supported decision-making
which is a continuous process of assessing,
prioritizing, planning, implementing,
evaluating, and reporting can be easily achieved
through CBMS as well as taking into account
people, issues, ethics, and broader system
effects.

The major distinctive features of CBMS
include the following: it is a census and not a
sample survey, it is rooted in local government
and promotes community participation, it uses
local personnel and volunteers as monitors, it
has a core set of simple, well established
indicators and that it establishes a databank at
all geo-political level. Moreover, the data can
be disaggregated by region, gender, socio-
economic group, age, ethnicity and other
variables. Because the monitoring exercises are
conducted regularly and the results processed
rapidly, data is useful for ongoing local
government planning.

The implementation of the community
based monitoring system requires strong
partnerships between researchers, local
government officials, and communities within
local administrative units and it is also
important to indicate that enlisting and orienting
the community determines success from the
outset. CBMS is designed to be rooted and
institutionalized within local government
administrative units, in this regard; it is easier to
train local researchers and increase community
involvement and participation in local
developmental programs. The
institutionalization of CBMS creates a link
where communities are easily mapped. For
example, community assets such as land, water
and forestry can be mapped to be improved or
developed.

1.2 Statement of the problem
Constituency Development Fund (CDF)
schemes are decentralization initiatives which
send funds from the central government to each
constituency for expenditure on development
projects intended to address particular local
needs. Civil society groups have formulated a
number of proposed reforms to address these
implementation issues including proposals to
improve the representivity and capacity of the
CDF Committee and to improve and strengthen
citizen participation and accountability
(International Budget Partnership, 2010).

To improve the chances of success,
attention needs to be placed on some of the
common areas of weakness in programmes and
projects and these are: Planning and programme
definition, Stakeholder involvement,
Communication and Monitoring and evaluation
(UNDP, 2009). Development plans, based on an
objective, needs driven assessment of future
development requirements including the
amount of land that needs to be zoned for
particular purposes, will help to build public
confidence in the preparation of those plans and
their implementation (Government of Ireland,
2007).

The Zambian government has
consistently provided and increased
Constituency Development Fund and other
grants to local authorities since its inception.
The philosophy behind CDF is to have a fund in
which communities can participate in different
processes of project identification and selection.
The ultimate goal is to use CDF to speed up
development at community level by providing
the much-needed infrastructure such as markets,
schools and clinics, upgrading of existing
infrastructure, works on community roads etc.
CDF is administered by the Ministry of Local
Government and Housing through a municipal or local council.

The administration of these funds has been characterized by low levels of community participation, lack of transparency and accountability leading to continued underdevelopment in the communities (Forum for Youth Organizations in Zambia, 2012). The CDF committees hardly represent local people because politicians have too much authority and can easily manipulate the process.

* CDF Committee: 9 Members: 1 MP, 2 Councilors, 1 Chief representative, 1 Council Officer, 4 Community Members -Selected by MP (Evangelical Fellowship of Zambia, 2013).

The major problems with the Constituency Development Fund (CDF) include the following: lack of transparency, lack of community participation and undue political influence. It is evident that local people hardly participate in their local development plans, in most cases they are not consulted about what needs to be done in their locality in order to improve their living conditions and this makes local administrative units ineffective in performing their mandate. The institutionalization of CBMS is designed to resolve all the current challenges because it is to be rooted within the local administrative units, it calls for wider involvement of local people and it establishes transparency and accountability in the local development process.

This study is designed to test the effectiveness of CBMS in enhancing the effectiveness of local government administrative units. It seeks to provide evidence concerning the need to institutionalize CBMS as a tool for good governance and policy decision making. It is intended that the findings generated by this project will contribute significantly to the body of knowledge.

1.3 Objectives of CBMS

The general objective of this project is to test the core CBMS objectives and assess the effectiveness of the system in fighting poverty. Specific objectives of CBMS include the following: To diagnose the extent of poverty at the local level, to formulate appropriate plans and programs to address problems, to provide the basis for rational allocation of resources, to identify eligible beneficiaries for targeted programs and to monitor and assess the impact of programs and projects. To diagnose poverty, this project used the CBMS set of indicators.

1.2 Community Driven Development Model

As a development strategy, the primary objective of Community Driven Development (CDD) model is to stimulate the types of changes that will promote local development. Over the last 60 years, economic historians have studied the process of economic and social change. No single factor perfectly predicts (economic, social, political) development. However, the institutions that frame how individuals and groups interact economically, socially and politically seem to be important for understanding the capability of some societies to sustain development (North, D, 1981). The primary objective of communities in the CDD strategy is to provide a common base for decision making and action. There is, however, great variation in the conceptual and practical definitions of communities across CDD interventions.

York summarizes the foci of Community Development Theory include the organization of community agencies, the developing of local competences, and political action for change. Paiva calls the theories tenets structural change, socioeconomic integration, institutional development, and renewal Schiele summarizes the work of Community Development as collective problem solving, self-help, and empowerment. Pandey refers to the strategies of Community Development as distributive, participative, and human development. Payne refers to developing social capital, social inclusion and exclusion, and capacity building (York, Paiva, Sochile, Panday & Panay, cited in Alison, 2009). The community driven development model is the most suitable framework under which the institutionalization can flourish because it is consistent with the philosophy of CBMS and can easily be contextualized easily in Zambia.
1.2 CBMS case studies

CBMS research work has been undertaken in Burkina Faso, Bangladesh, Cambodia, Nepal, Pakistan, the Philippines, Senegal, Sri Lanka, and Vietnam. However, the extent of CBMS work varies across these countries in terms of level of research development and implementation, methodology, and indicators being monitored (CBMS Network Coordinating team, 2003). Focusing on basic needs in communities, identifying the poor for socio-economic programs and evaluating their progress and success require reliable information (Vu, 2007). In a commune Lam Dong province, researchers found that only half of the poor households were receiving the credit to which they were entitled under the poverty-alleviation program, and that they were using it to meet basic consumption and not for longer term production-oriented poverty reduction activities as intended (Asselin and Vu, 2005).

The lessons from Bangladesh were consistent with those from Philippines and Vietnam and these included, support and training need to be provided to local people in collecting and tabulating data, the systems’ sustainability rests on the involvement of governments. The researchers also found that information dissemination by the local government officials was instrumental in mobilizing people. Local authorities also noted that the information gathered helped to identify those who should benefit from the public programs such as government issued vulnerable group feeding cards (Guha, 2006). In Cambodia it was found that, Commune councils need adequate information gathered in a systematic and reliable way in order to effectively conduct needs assessments, planning, monitoring and evaluation of developmental projects (Sothearith, et al, 2006).

In Indonesia, subsequent efforts by the local government proved costly and unsatisfactory largely because of weak methodology and training of personnel (Suryadama et al, 2005). In Sri Lanka, the project yielded a detailed picture of the communities and confirmed the importance of locally relevant multi-dimensional indicators. The researchers concluded that although CBMS could become a vital tool in Sri Lanka, it can materialize only if a concerted effort is made to change the status quo with respect to lack of capacity and empowerment within local governments (Hettige, 2005).

The persisting marginalization of local government institutions within the Sri Lankan political system had been a hindrance to institutionalizing CBMS within the local government framework in Sri Lanka” (Hettige, 2007). In Benin, it was noted that the census highlighted great disparities in the communities. This Cotonou’s municipal council took to heart “This survey made it possible for the town council to give this district a real face” said Mayor Nicephore Dieudonne Soglo (CBMS, 2008).

2. RESEARCH METHODOLOGY

2.1 Research Design/Methods/Approach
The Zambia Research and Development Centre has developed, tested, and implemented the Community-Based Monitoring System. On account of the fact that CBMS is a census of households and not a population survey, and that it has its established core set of indicators, CBMS has its distinctive methodology as highlighted in the introduction which does not in any way violets reliability and validity. Below is the summary of the CBMS methodology and its implementation

Advocacy and organization: Firstly, data requirements were identified and it was clear that there were gaps in information intended for planning and decision making based on the challenges of census and surveys. Then a work plan was developed which detailed the commitments of all parties and involvement of key human resources at all levels, as well as financial and physical for training, data collection, processing, validation, database management and dissemination. Local government units were highly committed and ensured to use the data generated, they provide
directives and approved ethical clearance letters for the enumerators.
Data collection: Questionnaires consistent with the core CBMS indicators were developed for households and enumerators were identified and trained to collect data in 35 wards randomly generated, targeting 100 households in each ward. Data was collected through household interviews and focus group discussions were also used for field data validation and verification.

Data encoding and map digitization: Maps and photographs of an area or specific location were generated and used to illustrate how people view their area: what they like or dislike or improvements they would like to see. Data from the questionnaires was also encoded and excel data files built for analysis in statistical tools. Processing and mapping: processing is very vital since the results form the basis for local planning and program implementation. Before processing the results, CBMS data was checked for its consistency, accuracy and completeness. Thereafter, results obtained were digitalized on local maps to show variations among regions.

Data validation and community consultation: the results were presented in a community forum where the extent of poverty in its different dimensions was assessed and discussed, the cause of poverty were diagnosed and discussed and explained, and appropriate interventions were also identified. Knowledge (database) management: Based on the fact that CBMS regularly collects data unlike census and surveys, it therefore collected so much information and this leads to creation of a databank at all geo-political levels. ZRDC is in the process of setting up a CBMS databank.

Formulation of plans: based on the information established through CBMS, it was easier to set up development plan for each local community. CBMS makes decision making more logical because it is based on empirical evidence, it calls for community involvement, rational allocation of resources and greater transparency and accountability in the development process.

Dissemination, implementation and monitoring: CBMS reported back to the local community through forums and some reports were generated and shared with the councils. As pointed out in the introduction, ZRDC is currently in the process of institutionalizing CBMS in all local government administrative units.

3. RESULTS/FINDINGS

a) Main profession of the head of households

<table>
<thead>
<tr>
<th>Main Profession of the head of households</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Farmer</td>
<td>15%</td>
</tr>
<tr>
<td>Trader</td>
<td>21.50%</td>
</tr>
<tr>
<td>Civil Servants</td>
<td>15%</td>
</tr>
<tr>
<td>Private sector employee</td>
<td>31.50%</td>
</tr>
<tr>
<td>Other</td>
<td>17%</td>
</tr>
</tbody>
</table>

Table 1.2 Main profession of the head of households

In this study it was clear that the majority were private sector employees making 31.5% of all the head of households who were interviewed and these included both formal and informal while 15% of the head of households reported that they were civil servant employees.

b) Monthly budgetary allocation for food

<table>
<thead>
<tr>
<th>Monthly budgetary allocation for food by Households</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>K100-300</td>
<td>28%</td>
</tr>
<tr>
<td>K300-500</td>
<td>34%</td>
</tr>
<tr>
<td>K500-1000</td>
<td>29%</td>
</tr>
<tr>
<td>Above K1000</td>
<td>9%</td>
</tr>
</tbody>
</table>

Table 1.2: Monthly budgetary allocation for food

The results showed that majority of households allocated about K300-K500 for food on monthly basis making 34%, 29% of the head of households reported that they allocated between K500-K1000 while 9% of the households had above K1000 allocated for food on monthly basis. These were predominantly in the urban areas while 28% of the households that reported allocating K100-K300 were predominantly in rural areas.
c) Average number of meals per day

<table>
<thead>
<tr>
<th>Average number of meals per day reported by households</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>One meal</td>
<td>1.70%</td>
</tr>
<tr>
<td>Two meals</td>
<td>26%</td>
</tr>
<tr>
<td>Three meals</td>
<td>70.10%</td>
</tr>
<tr>
<td>Four meals</td>
<td>2.30%</td>
</tr>
</tbody>
</table>

Table 1.3: Average numbers of meals per day.

The results on the average number of meals per day showed that the majority had three meals per day, making 70.1% of the households interviewed. These were followed by those who reported having two meals per day and these made up 26% of the households. It was also found out that 2.3% of the households had four meals per day and these were predominantly in urban areas while 1.7% reported having one meal per day and these were predominantly from the rural areas.

This information is vital for determination of the magnitude of households affected by poverty and hunger and also for policy makers to target the appropriate beneficiaries when the in certain programs that seek to reduce hunger and poverty in targeted households.

d) Main sources of water for the households

<table>
<thead>
<tr>
<th>Main Sources of water for the households</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>River / Stream</td>
<td>3.60%</td>
</tr>
<tr>
<td>Borehole</td>
<td>18%</td>
</tr>
<tr>
<td>Well</td>
<td>15.30%</td>
</tr>
<tr>
<td>Tap water</td>
<td>63.20%</td>
</tr>
</tbody>
</table>

Table 1.4: Main sources of water for the households

When asked to reveal their main source of water, for household consumption, 63.2% of the households reported that they had access to tap water, 18% reported having a borehole, 15.3% reported having a well and 3.6% reported that they accessed their water for consumption from a river or stream.

e) Methods used by households to prevent diseases

<table>
<thead>
<tr>
<th>Methods used by households to prevent diseases</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Better hygiene</td>
<td>44.00%</td>
</tr>
<tr>
<td>Boiling water</td>
<td>18%</td>
</tr>
<tr>
<td>Sleeping under a treated mosquito net</td>
<td>24%</td>
</tr>
<tr>
<td>Spraying of mosquitoes</td>
<td>14.00%</td>
</tr>
</tbody>
</table>

Table 1.5: Methods used by households to prevent diseases

The figure above shows the results of the methods used by households to prevent diseases. These were the methods used by households as preventive measures to avoid diseases. Methods of garbage collection

<table>
<thead>
<tr>
<th>Methods of garbage disposal</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pit</td>
<td>64.50%</td>
</tr>
<tr>
<td>Burning</td>
<td>11.50%</td>
</tr>
<tr>
<td>Dumping into drainages</td>
<td>1%</td>
</tr>
<tr>
<td>Road side dumping</td>
<td>3%</td>
</tr>
<tr>
<td>Collected by cobs</td>
<td>20%</td>
</tr>
</tbody>
</table>

Table 1.6: Methods of garbage disposal used by households

When asked about the garbage collection methods used by households, 64.5% reported that they were using a pit to bury garbage, 11% reported burning, and 20% reported that their garbage was collected by the cobs. Roadside dumping and dumping into drainages were reported to be 3% and 1% respectively.

To summarize the results obtained this study; facts which were brought to light include the following findings: 70.1% of the households reported having three meals per day, 63.2% had tap water, 57.2% had access to hydro-electricity, 34% allocated K300-500 for food on monthly basis, 32.5% of the head households had tertiary education and 15% were employed by the government.

This project collected data from a total of 3,478 households, sample population in these households was 15,957 and based on these facts, the average household size was found to be 4.59; meaning in each household interviewed, there was an average of about 5 members. Average household size was low
because over 82.28% of the wards were based in urban areas. This project found that the majority of the head of households were male making 71.1% while females made up 28.9% of the sample. It was also evident also that there were slightly more females than males making 50.89% and 49.11% in the households respectively.

3.2 Background characteristics: below is the summary of the background characteristics:

3.3 Discussion and Implication of Findings
It was documented that there were slightly more females than males in Zambia making 50.98% and 49.01% (CSO, 2011). The malaria survey of 2012 also confirmed the same fact in 2012 stating that females made up 52.4% and males 47.6% (Ministry of Health, 2012). This fact has been verified by this project, the average household size was found to be 5.1 (LCMS, 2011) while this project found it to be 4.59. The majority of the head of households were found to be in the age group 30-34 making 17%, while this CBMS project found that the majority of the head of households were still in that same age group however, making 18.17%. Therefore, CBMS findings generated by this project were very consistent with other data sources such as census and surveys. Therefore, the CBMS methodology has a high degree to validity and reliability.

Facts brought to light through this CBMS project include the following findings: 70.1% of the households reported having three meals per day, 63.2% had tap water, 57.2% had access to hydro-electricity, 34% allocated K300-500 for food on monthly basis, 32.5% of the head households had tertiary education and 15% were employed by the government. As an HIV preventive measure, 17.5% regularly visited VCT while 21% reported correct and consistent use of condoms. Therefore, it is undoubtedly clear that the institutionalization of CBMS in local administrative units provides a more responsive basis for sound planning and decision making in dealing with local developmental issues.

In the statement of the problem, this project has demonstrated that CBMS is a tool for improved governance and greater transparency and accountability in resource allocation and because it collects regular data, its institutionalization aims to fill information gaps in diagnosing the extent of poverty at the local level, determining the causes of poverty, formulating policies and programs, identifying eligible program beneficiaries, and assessing the impact of policies and programs. Rational planning and policies can be designed to address the issues raised in the CBMS findings. The benefits of institutionalization of CBMS include the empowerment of the local population, improved performance in local government administration, build team work and increase expertise, coordinated future developments, protection of resources, celebrate tradition and culture, promote healing and reconciliation and creation of economic opportunity.

In theory, the role of the central government and other outside agents should be to inspire local initiatives that improve community welfare (Passmore, 1972). In the Zambian context the local administrative units are not effective in delivering local development as pointed out in the statement of the problem hence the need to institutionalize CBMS. This information is vital for determination of the magnitude of households affected by poverty and hunger and also for policy makers to target the appropriate beneficiaries when the in certain programs that seek to reduce hunger and poverty in targeted households.

The information gathered through CBMS is very useful in decision making, project planning and monitoring and evaluation. When institutionalized, the philosophy of CBMS and its objectives will enable to strengthen the Local Government Administration system throughout Zambia. Their major problems of lack of up to date data, rational basis for allocation of resources, diagnosing and evaluating the magnitude of poverty, creating partnerships and capacity building can be done away with and make the system relevant and effective.
4.0 CONCLUSION
This project has clearly demonstrated the effectiveness of CBMS in diagnosing poverty; it has provided the basis for accurately measuring the magnitude of poverty as well as generating regular information for sustainable local development planning and decision making.

The institutionalization of CBMS will therefore enable the creation of databank at all geopolitical levels which is vital because it forms the basis for monitoring and evaluating community development programs and assess their viability. It is undoubtedly clear that the institutionalization of CBMS provides a rational basis for setting priorities, and allocation of resources because of its potential to collect regular data and creating a database.

In this regard, the institutionalization of CBMS is the only option left for revamping the local government administrative system; build its integrity and credibility by providing transparency and accountability in local developmental process through increased involvement of local community members, which consequently improves the effectiveness of local government administrative units throughout the country.

5. ACKNOWLEDGMENTS
We are indebted to Zambia Research and Development Center (ZRDC) for providing guidance and resources which have made this project successful. We are also thankful for the energy expended by Information and Communications University (ICU) Students in data collection process.

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